## PG-3 Planning Form - Team Roster

## Selecting your team

## Instructions

Before creating your team roster, carefully review the roster requirements below. The number of players required will depend on the type of team you choose.

| Football | Baseball/Softball* | Volleyball | Lacrosse |
| :---: | :---: | :---: | :---: |
| Roster total: <br> 22 Players (minimum) and a Head Coach | Roster total: <br> 18 Players (minimum) and a Manager | Roster total: <br> 18 Players (minimum) and a Head Coach | Roster total: <br> 20 Players (minimum) and <br> a Head Coach |
| Offense: | 1 Catcher | 6 Hitters | 6 Attackers |
| 1 Center | 1 First Baseman | 5 Setters | 6 Midfielders |
| 2 Guards | 1 Second Baseman | 5 Middle Blockers | 6 Defenders |
| 2 Tackles | 1 Third Baseman | 2 Defensive Specialists | 2 Goalies |
| 1 Tight End | 1 Shortstop | Hockey | Basketball |
| 1 Quarterback | 3 Outfielders | Roster total: <br> 22 Players (minimum) and <br> a Head Coach | Roster total: <br> 15 Players (minimum) and a Head Coach |
| 2 Running Backs | 1 Designated Hitter | 4 Centers | 3 Centers |
| 2 Receivers | 5 Starting Pitchers | 8 Forwards/Wings | 6 Forwards |
| Defense: | 2 Relief Pitchers | 8 Defensemen | 6 Guards |
| 3 Defensive Linemen | 2 Utility Players | 2 Goalies |  |
| 3 Linebackers | *Note: If you are starting a | Soccer | Field Hockey |
| 3 Defensive Backs | positional players if you so choose. | Roster total: <br> 20 Players (minimum) and a Head Coach | Roster total: <br> 22 Players (minimum) and a Head Coach |
| Special Teams: |  | 2 Goalkeepers | 3 Centers |
| 1 Kicker |  | 6 Forwards | 6 Forwards |
| 1 Punter |  | 6 Midfielders | 6 Guards |
|  |  | 6 Defenders |  |

## Instructions

Complete this form to organize the players that will be on your dream team. You may use any current or retired professional or college athletes; however, you may not select more than four players from an existing team. If the player's uniform number is unavailable, assign a new number to that player so that each player has a unique number. Note: The minimum number of players will vary depending on the type of team you have selected. The first row should include the name of the coach of your dream team.

| FIRST NAME | LAST NAME | POSITION | HEIGHT | WEIGHT | UNIFORM \# |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Coach | ---------- | ---------- | ------------- |
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